

## 2023-24 COA Liaison and Committee Summary Report

### COA Liaison Report

#### Commissioner Mary Jane Taintor

**Name of Agency:** Goebel Senior Center Commission

**Agency Mission:** Provide social and recreation services for seniors in the community of Thousand Oaks

**Frequency of meetings:** Monthly

**Summary/ highlights of liaison activities for FY2023-24:** I attended all the meetings and interacted with them on a regular basis. This experience was very fulfilling, and I have totally enjoyed this volunteer position.

#### Commissioner Dorothy Hatfield

**Name of Agency:** Senior Concerns

**Agency Mission:** Senior Concerns, a nonprofit organization, for the past four decades, has provided high-quality, affordable support services to Thousand Oaks seniors and their families through innovative and effective programs aimed at fostering independence, well-being, and self-esteem.

**Frequency of meetings:** As needed

**Summary/ highlights of liaison activities for FY2023-24:** One of Senior Concerns key services is transportation. Dial A Ride provides many Thousand Oaks seniors with a vital link to reducing their isolation and connecting them to necessary services, commodities, and appointments. Expanding Dial A Ride availability with more precise pickup and drop off times should be a priority to ensure that older adult's safety in our community.

#### Commissioner Nivedita Vaidya

**Name of Agency:** Conejo Senior Volunteer Program (CSVP)

**Agency Mission:** CVSP provides opportunities for adults age 55+ to use their life experience and skills to meet local community needs.

**Frequency of meetings:** Every other month

**Summary/ highlights of liaison activities for FY2023-24:** CSVP produces A Volunteer Voice newsletter that provides a listing of volunteer opportunities that are often circulated within Goebel Adult Community Center and other locations to attract new volunteers. For instance, one could volunteer as a Holiday Helper this year at Many Mansions. April 18th, CSVP held a Volunteer Appreciation Day with lunch and raffle prizes for all to enjoy. It was a special celebration of community volunteers who make a tremendous difference in our senior community.

## **Commissioner Dorothy Hatfield**

**Name of Agency:** Many Mansions/Supportive Service Committee

**Agency Mission:** Serves vulnerable individuals and families with complex needs (e.g., mental health and housing stability).

**Frequency of meetings:** Quarterly

**Summary/ highlights of liaison activities for FY2023-24:** Participate in their meetings and events. Learn about the organization and their focus. Their plan also includes support to their senior residents. There are opportunities for COA to work with them to address future needs.

## **COA Committee Reports**

### **Commissioner Dorothy Hatfield**

**Name of Committee:** Resource Guide

**Frequency of meetings:** As needed

**Summary/highlights of activities for FY2023-24:** The Council on Aging took on the task of updating and producing the guide which was distributed at the 2024 Wellness Festival. It was well received and any copies that were left after the event were distributed throughout Thousand Oaks via the Goebel Adult Community Center and other agencies that connect with seniors. It was an honor to be involved in updating and continuing this vital source of resources.

### **Mary Jane Taintor**

**Name of Committee:** Resource Guide

**Frequency of meetings:** As needed

**Summary/highlights of activities for FY2023-24:** Each of us took several pages to verify existing phone numbers and email addresses. Then we discussed any other agencies that should be added. Our focus was to have a complete listing of all the non-profit agencies in our immediate area – Thousand Oaks, Newbury Park, Westlake Village, and Simi Valley. The booklet was a complete success. We have had many requests for it. We each took several and distributed to key places in the community.